

# Yuma Regional Medical Center Foot and Ankle

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Phone (928) 314-3333  
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## Instructions for Logging in to My Care

1. You Can sign up for MyCare in a couple of ways.

- a) Click on the **Sign Up** Now button and click on the **Sign Up Online** on the following page. You will fill out a form and submit for Immediate access.

The screenshot shows the MyCare patient portal interface. At the top, the logo reads "mycare" in a stylized font, with "ELECTRONIC HEALTH RECORDS" and "YUMA REGIONAL MEDICAL CENTER" underneath. The main content area is divided into two columns. The left column contains four service tiles: "Communicate with your doctor" (with a speech bubble icon), "Access your test results" (with a bar chart icon), "Request prescription refills" (with a pill icon), and "Manage your appointments" (with a calendar icon). The right column contains a login form with "MyCare Username" and "Password" input fields, a green "SIGN IN" button, and links for "Forgot Username?" and "Forgot Password?". Below the login form are three buttons: "New User?", "SIGN UP NOW", and "PAY AS GUEST". A red arrow points from the "Manage your appointments" tile to the "SIGN UP NOW" button. At the bottom of the page, there are links for "FAQs", "Privacy Policy", "Terms and Conditions", and "High Contrast Theme", along with "App Store" and "Google Play" download buttons.

## Please Identify Yourself

Step 1 of 3

All fields are required.

### MyCare Activation Code

Enter your Activation Code as it appears on your enrollment letter (your code is not case sensitive). You will not need to use this code after you complete the sign up process.

x000x

### Social Security Number (Last 4 Digits)

Please enter the last 4 digits of your Social Security Number.

nnnn

### Date of Birth

Enter your date of birth in the format shown, using 4 digits for the year.

mm / dd / yyyy

NEXT



No Activation Code?

SIGN UP ONLINE

## Create Your Account Online

We need some information from you in order to grant you a MyCare account. Once submitted, it could take up a week for processing and verification. Once approved, you will receive an email or a letter with your activation code and instructions on how to activate your MyCare account. If you have any questions, please contact Release of Information at (928) 336-7017.

Indicates a required field

### Name

First name

Middle name

Last name

### Address

Address information is required.

Address

City

State

Zip

County

Country

United States of America

### Other Information

Date of birth

Gender

Male

Female

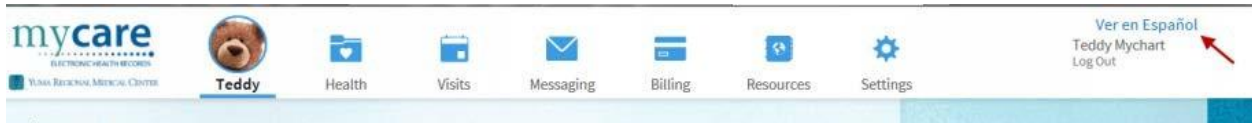
Home phone

Work phone

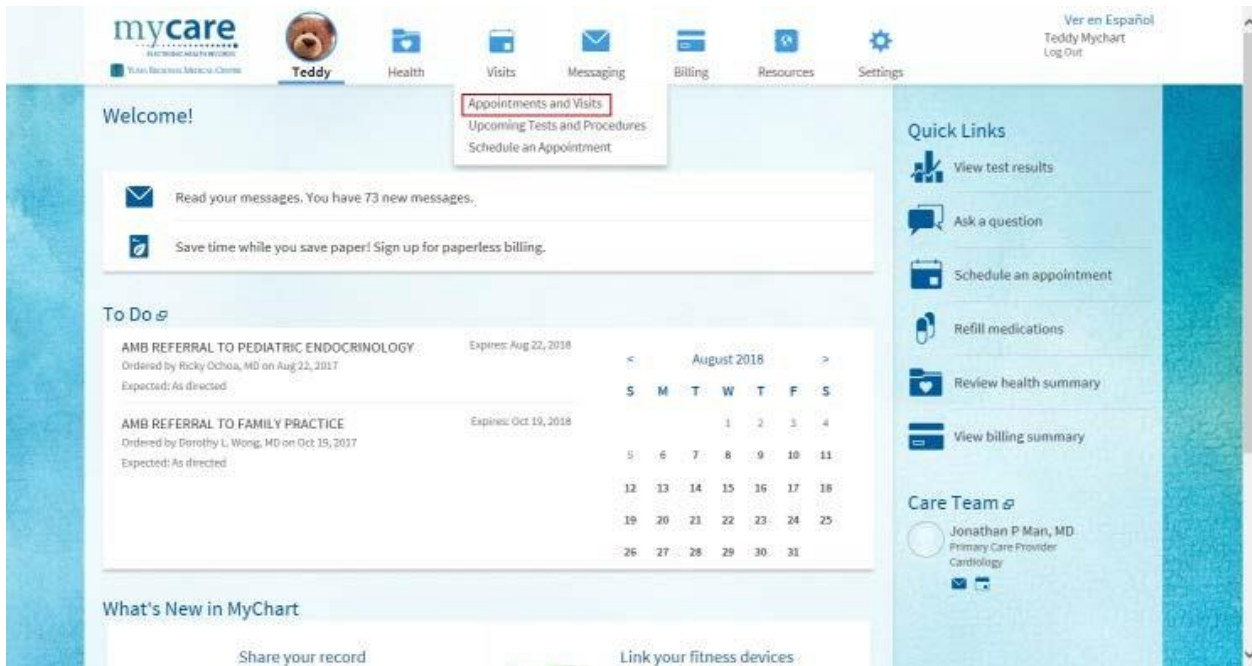
b.) Optionally you can enter an **ACCESS CODE** you should have received via your email or provided to you by phone at the time you schedule your appointment. You will need this **ACCESS CODE** for your first time log in to the My Care site.

2. Log in to <https://mycare.yumaregional.org>

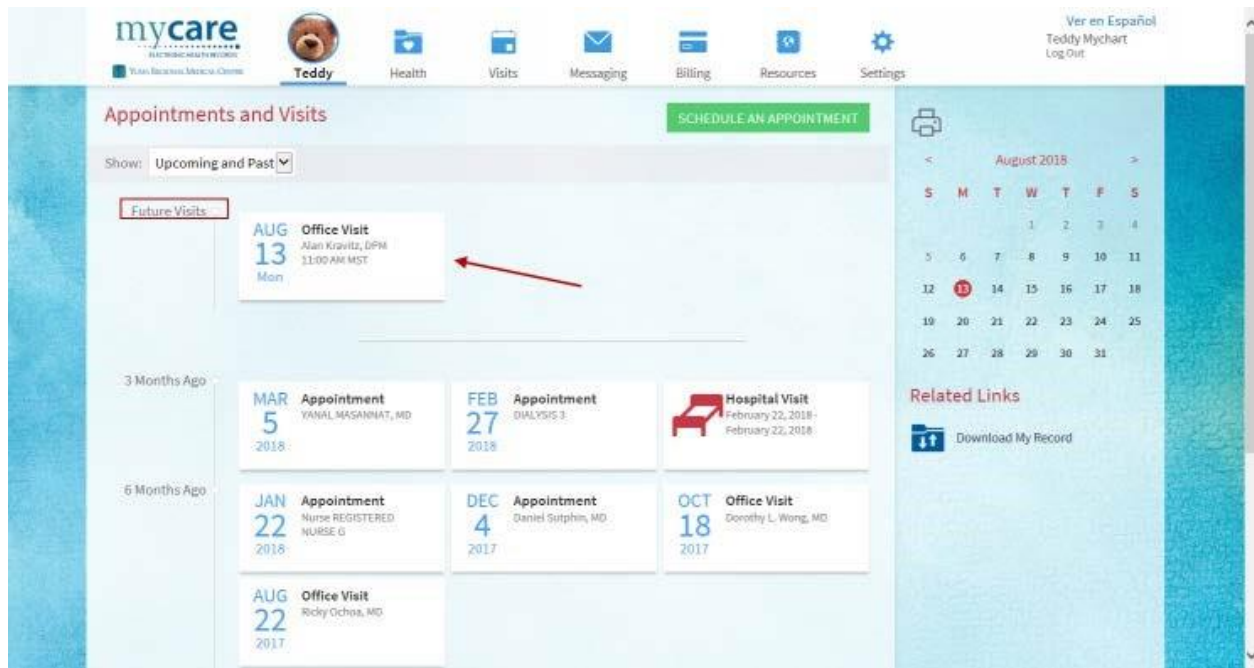
3. To view the questionnaire in SPANISH, top right corner of the YRMC Banner, click on “Ver En Espanol”



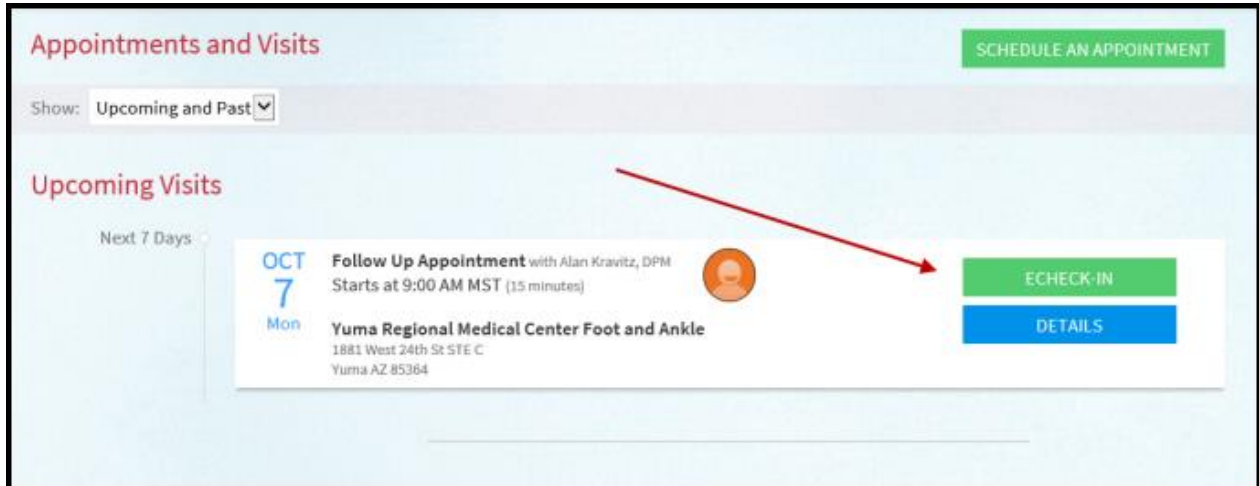
4. From the Home Page, Click on Visit Tab



5. Find your appointment under future visits.



6. Click on the visit for YRMC Foot and Ankle and complete the e-Check in Process by clicking on eCheck-In.




7. Then complete 2 questionnaires listed for you at the end of e-Check In. Please complete both entirely. Follow the instructions provided throughout the questionnaires.

### Follow Up Appointment with Alan Kravitz, DPM






Monday October 07, 2019 9:00 AM MST (15 minutes)  
[Add to Calendar](#)

**Yuma Regional Medical Center  
Foot and Ankle**  
1881 West 24th St STE C  
Yuma AZ 85364  
928-314-3333

  
Alan Kravitz, DPM

Please arrive 30 minutes prior to appointment. Bring Medications or list of medications.

You have begun your online check-in.  
You can save time at the clinic by completing the following tasks in eCheck-In:

-  Verify Demographics
-  Verify Medications
-  Verify Allergies
-  Verify Health Issues
-  Complete Appointment Questionnaires

[ECHECK-IN](#)

This appointment cannot be canceled online. To cancel, please call 928-314-3333.

Confirm your appointment now to let clinic staff know you do not need to receive a reminder call.

[CONFIRM APPOINTMENT](#)

**Below are images to help you answer the questionnaires and eCheck in. You MUST fully complete them, in order for your chart to be updated and your registration to be finished.**

**mycare**  
Yuma Regional Medical Center

Teddy

Health Visits Messaging Billing Resources Settings

Ver en Español  
Teddy Mychart  
Log Out

### eCheck-In

Demographics Medications Allergies Current Health Issues **Questionnaires**

Street Address: 111 S Ave A  
City: YUMA  
State: Arizona  
ZIP Code: 85364  
County: YUMA  
Country: United States of America

Home Phone: 928-333-1212  
Mobile Phone:  
Work Phone:  
Preferred Phone:  
E-mail Address: fdiaz@yumaregional.org

Race: White or Caucasian  
Ethnicity: Non-Hispanic  
Ethnic Background:  
Preferred Language: English



**eCheck-In**

Demographics Insurance Medications Allergies Current Health Issues Questionnaires

### Yrmc Foot And Ankle Medical History

**Step 1 of 2**  
Please fill out the following questionnaire. When available, data is pulled from your chart.

#### Medical History

Question	Response	Date first noted (approx)	Comments
Weight loss	Yes <input checked="" type="radio"/> No		
Headaches	Yes <input checked="" type="radio"/> No		
Seizures	Yes <input type="radio"/> No		
Hearing loss	Yes <input checked="" type="radio"/> No		
Angina	Yes <input checked="" type="radio"/> No		
Heart problems	Yes <input checked="" type="radio"/> No		
High Blood Pressure	Yes <input checked="" type="radio"/> No		
Stroke	Yes <input type="radio"/> No		

**Your appointment is scheduled with Dr. \_\_\_\_\_ at \_\_\_\_\_.**

**Your registration must be received by \_\_\_\_\_ or your appointment will unfortunately be cancelled**

**Please contact our office at (928) 314-3333 if further assistance is necessary.**